

TENSHIN HAPPO (Eight Directions of Movement)

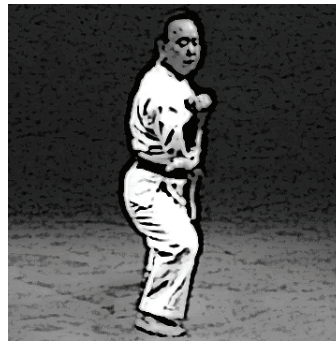
↔ Shiko Dachi -Ukenagashi / Chudan Tsuke



↙ Nekoashi Dachi -Yoko Uke / Chudan Geri



↑ Shiko Dachi -Yoko Uchi / Jodan Tsuke



↘ Zenkutsu Dachi - Ukenagashi / Chudan Tsuke



↓ Heiko Dachi - Sashite / Chudan Uraken Tsuke

